

# CADE: CAROLINA AERIAL AND DANCE EXCHANGE 2017

## FRIDAY, AUGUST 11 SCHEDULE

CC&Co. Studio : 9315-E Monroe Rd., Charlotte, NC 28270

	CC&Co. Studio 1 (Left)	CC&Co. Studio 1 (Right)	CC&Co. Studio 2	CC&Co. Studio 3	Lobby
9:00 AM	<b>Dance &amp; Cirque Repetory</b>		<b>Momentum: Fabric</b>	<b>Aerial Straps</b>	<b>Injury Prevention - Ses 1</b>
9:15 AM	CADE Showcase*		Int/Adv	All Levels	All Levels
9:30 AM	Caroline Calouche		McKinley Vitale	Shannon McKenna	Amy Ell
9:45 AM	12		8	8	12
10:00 AM					
10:15 AM			9:00am - 10:30am	9:00am - 10:30am	9:00am - 10:30am
10:30 AM					
10:45 AM	9:00am - 11:00am		<b>Mask Theatre</b>	<b>Taster: Lyra/Aerial Hoop</b>	<b>Deconstructing Gyrokinesis</b>
11:00 AM			All Levels	Beg	All Levels
11:15 AM	<b>Physical Theater Repetory</b>		David Poznanter	Marcia Fresquez	Amy Ell
11:30 AM	CADE Showcase*		8	8	8
11:45 AM	Carlos Alexis Cruz				
12:00 PM	12		10:45am - 12:15pm	10:45am - 12:15pm	10:45am - 12:15pm
12:15 PM			<b>Intermediate Silks</b>	<b>Lyra Repetory</b>	<b>Taster: Juggling</b>
12:30 PM			Int	Int	Beg
12:45 PM			Shannon McKenna	Caroline Calouche	David Poznanter
1:00 PM	11:15am - 1:15pm		10	10	12
1:15 PM	<b>Taster: Cyr Wheel</b>		12:30pm - 2:00pm	12:30pm - 2:00pm	12:30pm - 2:00pm
1:30 PM	Beg				
1:45 PM	Jen MacQueen				
2:00 PM	12		<b>Belay for Days</b>	<b>The Animal Workout</b>	<b>Straps</b>
2:15 PM	1:30pm - 3:15pm		Int/Adv	All Levels	All Levels
2:30 PM			McKinley Vitale	David Poznanter	Carlos Alexis Cruz
2:45 PM			8	8	8
3:00 PM			2:00pm - 3:30pm	2:00pm - 3:30pm	2:00pm - 3:30pm
3:15 PM					
3:30 PM	<b>Cyr Wheel - Friday</b>		<b>Taster: Aerial Silks - Friday</b>	<b>Handbalancing on Canes</b>	<b>Anatomy for Movers - Upper Body</b>
3:45 PM	Int.		Beg	Beg/Int	All Levels
4:00 PM	Jen MacQueen		Sarah Small	Megan Gendell	Amy Ell
4:15 PM	12		8	8	12
4:30 PM					
4:45 PM	3:30pm - 5:00pm		3:30pm - 5:00pm	3:30pm - 5:00pm	3:30pm - 5:00pm
5:00 PM					
5:15 PM	<b>Blast off! / Dynamic Partner Acrobatics</b>	<b>Duo Trapeze - Friday</b>	<b>Limber Up - Friday</b>	<b>Goopy Drippy Rope</b>	<b>Injury Prevention - Ses 2</b>
5:30 PM	Int/Adv	Int	All Levels	Int/Adv	All Levels
5:45 PM	Carlos Alexis Cruz	Megan Gendell	Shannon McKenna	McKinley Vitale	Amy Ell
6:00 PM	8	8	10	8	12
6:15 PM					
6:30 PM	5:15pm - 6:45pm	5:15pm - 6:45pm	5:15pm - 6:45pm	5:15pm - 6:45pm	5:15pm - 6:45pm
6:45 PM					
7:00 PM	<b>Trapeze: Innovating the Standards</b>		<b>Splits, Splits, Splits</b>	<b>Dancing Upside Down</b>	<b>What did you see?</b>
7:15 PM	Beg/Int		All Levels	All Levels	All Levels
7:30 PM	Megan Gendell		Amy Chirico	David Poznanter	Amy Ell
7:45 PM	16		5	8	10
8:00 PM	7:00pm - 8:30pm		7:00pm - 8:30pm	7:00pm - 8:30pm	7:00pm - 8:30pm